

# JANUARY




## Elementary Snack Menu 2020

<b>Meal Prices</b>
<b>Student</b>
Breakfast \$1.70
Reduced .30
Lunch \$2.75
Reduced .40
<b>Adult</b>
Breakfast \$2.15
Lunch \$3.60
Extra Milk .50

**NON-DISCRIMINATION:**  
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington,



Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using [www.myschoolbucks.com](http://www.myschoolbucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>HAPPY NEW YEAR</b>	2 <b>OPEN SITE MENU:</b> SIMPLY STRAWBERRY CHEX MILK CHOICE	3 <b>OPEN SITE MENU:</b> CHEEZ-IT CRACKERS MILK CHOICE
6 ANIMAL CRACKERS MILK CHOICE	7 APPLE SLICES MILK CHOICE	8 CRISPY CHEDDAR CRACKERS MILK CHOICE	9 SIMPLY STRAWBERRY CHEX MILK CHOICE	10 BLUEBERRY MUFFIN MILK CHOICE
13 CRISPY VEGGIE CRACKERS MILK CHOICE	14 BLUEBERRY LEMON CRISPY BITES MILK CHOICE	15 CHEDDAR GOLDFISH MILK CHOICE	16 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	17 ORIGINAL GRAHAMS MILK CHOICE
20 	21 APPLE SLICES MILK CHOICE	22 SIMPLY STRAWBERRY CHEX MILK CHOICE	23 APPLE CINNAMON MUFFIN MILK CHOICE	24 CHEEZ-IT CRACKERS MILK CHOICE
27 RASPBERRY MINI BITES MILK CHOICE	28 CHEDDAR GOLDFISH MILK CHOICE	29 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	30 ORIGINAL GRAHAMS MILK CHOICE	31 BLUEBERRY LEMON CRISPY BITES MILK CHOICE

My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

